

## A big well done to Ryan for his performance's in the 2013 Scottish Championships!

On the 15<sup>th</sup> & 16<sup>th</sup> June Bells hosted the 2013 Men's and Women's Scottish Artistic Championships! This is one of Scotland's biggest competition's with everyone eager to take the title. Ryan competed in the Men's Intermediate competition on the Saturday and had an amazing clean competition in which he competed lots of new skills. His hard worked awarded him with 3<sup>rd</sup> place overall taking the bronze medal and qualifying him for all the apparatus finals on the Sunday. Ryan had another good competition on the Sunday and finished in 3<sup>rd</sup> place on Floor, 2<sup>nd</sup> place on Pommels, 2<sup>nd</sup> place on P-Bars and 1<sup>st</sup> place on High Bar. A brilliant result for Ryan walking away with 5 medals over the weekend and taking the Scottish title on the High Bar! AMAZING!

Massive well done from everyone at PGC Ryan!!! 😊

